

Maine Diabetes Prevention and Control Program
Diabetes Self-Management Education and Support (DSMES) Site Directory
April 2025

DSMES Service Organization	Primary/Main Site	Quality Coordinator	Satellite sites	Diabetes educators
Bridgton Hospital Diabetes Clinic	Bridgton Hospital Diabetes Clinic 10 Hospital Dr Bridgton, ME 04009	Elaine Drew RN, BSN, CDCES 207-647-6060 drewel@cmhc.org	N/A	*Kara Kilmartin RDN, LD, CDCES 207-647-6062 kilmarka@cmhc.org *Elaine Drew RN, BSN, CDCES 207-647-6060 drewel@cmhc.org
Eastport Health Care Diabetes and Prevention Program	Eastport Health Care – Eastport 30 Boynton Street Eastport, ME 04631	Deborah Pottle RN CDCES 207-853-6001 dpottle@eastporthealth.org	Eastport Health Care Machias 160 Dublin Street Machias, ME 04654	*Deborah Pottle RN CDCES 207-853-6001 dpottle@eastporthealth.org *Marcia Kyle RD, LD, CDCES, FAND 207-853-6001 mkyle@eastporthealth.org *Christine Parks MA Diabetes CHW 207-853-6001 cparks@eastporthealth.org
Houlton Regional Hospital	Houlton Regional Hospital 20 Hartford Street Houlton, ME 04730	Karla Anderson, RN 207-521-2516 kanderson@hrhospital.org	N/A	Heleana Nickerson 207-521-2273 hnickerson@hrhospital.org Karla Anderson RN 207-521-2516 kanderson@hrhospital.org
MaineGeneral	MaineGeneral Ballard Center 6 East Chestnut St Suite LL110 Augusta, ME 04330	Angela Moore RN, CDCES 207-621-9320 angela.moore@mainegeneral.org	N/A	*Angela Moore RN, CDCES 207-621-9320 angela.moore@mainegeneral.org *Tammy Ricker, RD, CDCES 207-621-9230 tammy.ricker@mainegeneral.org



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MaineHealth Endocrinology and Diabetes	Maine Health Endocrinology and Diabetes 175 US Route 1 Scarborough, ME 04074	*Candie Sprague, RN, BSN, CDCES 207-396-7700 Candie.Sprague@mainehealth.org	Maternal Fetal Medicine 887 Congress Street Portland, ME 04102	*Kerri Frazier, RN, BSN, CDCES 207-396-4400 kerri.frazier@mainehealth.org, *Julie Barnes, RD, LD, CDCES 207-396-7700 Julie.Barnes@mainehealth.org, *Kristen Grimes, RD, LD, CDCES 207-396-7700 kristen.grimes@mainehealth.org *Christina Mastriano, RD, LD, CDCES 207-396-7700 Christina.Mastriano@mainehealth.org *Candie Sprague, RN, BSN, CDCES 207-396-7700 Candie.Sprague@mainehealth.org; *Roxana (Mihaela) Lench, RN, BSN 207-396-7700 Roxana.lench@mainehealth.org
MaineHealth Pediatric Specialty Care Endocrinology and Diabetes	887 Congress Street Suite 100 Portland, ME 04102	Maryann Kinney, RN, BSN, CDCES maryann.kinney@mainehealth.org 207-662-5522 x4	MaineHealth Pediatric Specialty Care Endocrinology and Diabetes 46 D First Park Drive Oakland, ME 04963	*Maryann Kinney, RN, BSN, CDCES 207-662-5522 x4 maryann.kinney@mainehealth.org *Jenessa Feeney, RN, BSN, CDCES 207-662-5522 x4 jennesa.feeney@mainehealth.org *Michaela Cook, RN, BSN, CDCES 207-662-5522 x4 michaela.cook@mainehealth.org *Elizabeth Blades, FNP, CDCES 207-662-5522 x4 elizabeth.blades@mainehealth.org *Katherine Mullin, RN, CDCES 207-662-5522 x4 katherine.mullin@mainehealth.org



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MaineHealth Lincoln Hospital (Lincoln Health Diabetes and Nutrition Program)	Lincoln Hospital – Miles Campus 79 Schooner St. Damariscotta, ME 04543	Marilyn Finch RN MS CDCES marilyn.finch@mainehealth.org 207-563-4442	St. Andrews Wellness 6 St Andrews Lane Boothbay Harbor, ME 04538	*Marilyn Finch RN MS CDCES 207-563-4442 marilyn.finch@mainehealth.org *Amanda Millay RN CFCS 207-563-4092 amanda.millay@mainehealth.org *Emily Adams RD LD CLC 207- 563-4559 emily.adams@mainehealth.org *Audrey Cooper RD LD 207-563-4559 audrey.cooper@mainehealth.org
MaineHealth Pen Bay Hospital	MaineHealth Diabetes Care Rockport 4 Glen Cove Drive Suite 107 Rockport, ME 04856	Brooke L Reed, MS, RD, LD 207-505-4383 brooke.reed@mainehealth.org	MaineHealth Diabetes Care Belfast 119 Northport Ave. Second Floor Belfast, ME 04915 207-505-4369	* Brooke Reed, MS, RD, LD 207-505-4369 brooke.reed@mainehealth.org *Tanya Davin, RN 207-505-4369 Tanya.davin@mainehealth.org *Laurie Chapman, RN, CDCES 207-301-5588 laurie.chapman@mainehealth.org
Millinocket Regional Hospital, Diabetes Self-Management Education Program	Diabetes Self-Management Education Program Millinocket Regional Hospital 202 Somerset St. Millinocket, ME 04462	Cheryl Carrell RN 207-723-3393 ccarrell@mrhme.org Shelly Drew, RN	N/A	*Cheryl Carrell RN 207-723-3393 ccarrell@mrhme.org



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Mount Desert Island Hospital	Mount Desert Island Hospital Diabetes Services 10 Wayman Lane P.O. Box 8 Bar Harbor, ME 04609	Sherri Hall RN, CDCES 207-801-5043 sherri.hall@mdihospital.org	Community Health Center 16 Community Lane Southwest Harbor, ME 04679	*Sherri Hall RN, CDCES 207-801-5043 sherri.hall@mdihospital.org *Sherry Rogers RN, BSN 207-288-5082 ext 8234 sherry.rogers@mdihospital.org *Marion McClellan RD, LD 207-288-5082 ext 1231 marion.mcclellan@mdihospital.org *Tara West RN 207-288-5082 ext 8234 tara.west@mdihospital.org
Northern Light Eastern Maine Medical Center	Northern Light Diabetes and Endocrinology 905 Union St. Suite 11 Bangor, ME 04401	Angela Strandell, RN 207-973-7334 astrandell@northernlight.org	N/A	*Lauri Jacobs, MS, RD, CDE 207-973-7334 ljacobs@northernlight.org *Mikiko Marzilli, RD, CDE 207-973-7334 mmarzilli@northernlight.org
Northern Light Blue Hill Hospital, Diabetes and Nutrition	Northern Light Blue Hill Diabetes and Nutrition Clinic 65 Water St. Blue Hill, Maine 04614	Angela Harrison BSN, RN-BC, CDCES 207-374-3443 aharrison@northernlight.com	N/A	*Angela D. Harrison BSN, RN-BC, CDCES 207-374-3443 aharrison@northernlight.org *Martha H. Cole MS RDN LD 207-374-3496 martha.cole@northernlight.org



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Northern Light Mercy Endocrinology and Diabetes Care Mattina R. Proctor Diabetes Center at Mercy Hospital	Endocrinology and Diabetes Care 195 Fore River Parkway Suite 300 Portland, ME 04101	Hillary Legere, MS, RD, LD, CDCES 207-400-8500 hlegere@northernlight.org	*Northern Light Mercy Primary Care, Falmouth 75 Ray Rd. Falmouth ME 04105 *Northern Light Mercy Primary Care, Gorham 19 South Gorham Crossing Gorham, ME 04038 *Northern Light Mercy Primary Care, Windham 409 Roosevelt Trail Windham, ME 04062 *Northern Light Mercy Primary Care, Yarmouth 385 Route 1 Yarmouth, ME, 04096	*Kathryn Gosselin, RDN, CDCES; 207-400-8500; kgosselin@northernlight.org *Hillary Legere, RDN, CDCES; 207-400-8500; hlegere@northernlight.org *Mary C. Sanders, FNP-C, BC-ADM, CDCES; 207-400-8500, masanders@northernlight.org
Northern Maine Medical Center	Northern Maine Medical Center 194 East Main Street Fort Kent ME 04743	Stacy Raymond, RN BSN 207-834-1946 stacy.raymond@nmmc.org	*Acadia Health Center 460 Main St Madawaska ME 04756 *Medical Office Bldg 197 East Main St Fort Kent ME 04743 *Fort Kent Family Practice 194 East Main St Fort Kent ME 04743	*Stacy Raymond RN BSN 207-834-1946 stacy.raymond@nmmc.org *Linda Russell RN 207-834-1964 linda.russell@nmmc.org *Anna Cannan RD 207-834-1569 anna.cannan@nmmc.org



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Redington Fairview General Hospital	Redington Fairview Diabetes Self-Management Training Program Suite 335 Redington Fairview General Hospital Skowhegan, ME 04976	Nancy Thomas RN,BSN,CDCES nthomas@rfgh.net 207-858-2261	N/A	*Adrianna Sinclair RN 207-848-2247 asinclair2@rfgh.net *Patricia Sprengel, RD, LD 207-858-2243 psprengel@rfgh.net *Nancy Thomas, RN, BSN, CDCES 207-858-2261 nthomas@rfgh.net *Mallie Miller 207-858-2257 mmiller2@rfgh.net
Spruce Mountain Pharmacy	Spruce Mountain Pharmacy 148 Main St Jay, ME 04239	Julia Annis, PharmD, FSVHP, DICVP juliaannis@sprucemtrx.com 207-897-9080	N/A	*Julia Annis, PharmD, FSVHP, DICVP 207-897-9080 juliaannis@sprucemtrx.com
Stephens Memorial Hospital Diabetes Self-Management Education Program	Stephens Memorial Hospital 181 Main Street Norway, ME 04268	Karen Swan, RN, CDCES karen.swan@mainehealth.org 207-744-6057	N/A	*Karen Swan, RN, CDCES karen.swan@mainehealth.org 207-744-6057 *Henry Rayamond, RN 207-744-6057 henry.raymond@mainehealth.org

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